

One Day At A Time

Words & Music **Marijohn Wilkin & Kris Kristofferson**

Moderate country waltz

The musical score is written in 3/4 time and consists of seven staves. Each staff includes a guitar chord diagram above the first few notes. The lyrics are written below the notes, with some words split across lines. The chords are: C7, F, C, G7, C, C, C7, F, C.

One day at a time, _____ Sweet Je - sus'
I'm on - ly
Do you re-
hu - man, _____ I'm just a wom - an.
-mem - ber _____ when you walked a - mong men?
Well, Je - sus, Help me be - lieve in what I could
you know if you're look - ing be -
be and all that I am.
-low, it's worse now than then.
Show me the stair - way, _____ I have to climb;
Push - in' and shov - in', _____ crowd - ing my mind,
_____ Lord, for my sake, teach me to
So, for my sake, teach me to

G7 C F C CHORUS

take one day at a time. _____ } One
 take one day at a time. _____ }

C7 F

day at a time, _____ Sweet Je - sus, _____ that's all I'm

C G7

ask - ing from you. _____ Just give me the strength to

C

do ev - 'ry day what I have to do. _____

C7 F

Yes - ter - day's gone, _____ Sweet Je - sus, _____ and to -

Dm C

-mor - row may nev - er be mine. _____ Lord,

G7

help me to - day, show me the way, One day at a

1 C 2 C F C

time. _____ time. _____